



# 4Cs Summer/El Verano 2010 Calendar

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## JUNE/JUNIO

- 4 Sonoma County Child Care Planning Council:** 8:45-11am. Call (707) 524-2792 for location and information.
- 8 Center Licensing Orientation:** 9:30-4pm, Community Care Licensing, 101 Golf Course Dr, Rohnert Park. Call Community Care Licensing (707) 588-5026 for reservations and payment instructions.
- 15 4Cs Board of Directors Meeting:** 6-8pm, 4Cs Main Conference Room, 131-A Stony Circle Suite 300, Santa Rosa.
- 17 4Cs Child Health and Nutrition Mandatory Training:** 7-8pm, 4Cs Main Conference Room, 131-A Stony Circle Suite 300, Santa Rosa. Call (707) 522-1413 x112 to make reservations. Leave your name, phone number, and date of training.
- 25 Family Child Care Licensing Orientation:** 9am-12pm, 4Cs Main Conference Room, 131-A Stony Circle Suite 300, Santa Rosa. Call Community Care Licensing (707) 588-5026 for reservations and payment instructions.
- 28 Sonoma County First Five Commission:** 3:30-5:30pm, Volunteer Center, 153 Stony Circle, Santa Rosa. For more information call Cathy Passmore at (707) 565-6680 or visit [www.first5Sonomacounty.org](http://www.first5Sonomacounty.org).
- 29 4Cs Voucher Program Orientation:** 6-8:30pm, 4Cs Main Conference Room, 131-A Stony Circle Suite 300, Santa Rosa. Training presented in English and Spanish for new voucher program providers, open to all exempt providers. For reservations contact Conny Vergara at (707) 522-1413 x 107 (English). Para español llame a Martha Gomez al (707) 522-1413 x129.

## JULY/JULIO

- 5 4Cs Office Closed for July 4th Holiday.**
- 9 Sonoma County Child Care Planning Council:** 8:45-11am. Call (707) 524-2792 for location and information.
- 13 Center Licensing Orientation:** 9:30am-4pm, Community Care Licensing, 101 Golf Course Dr, Rohnert Park. Call Community Care Licensing (707) 588-5026 for reservations and payment instructions.
- 26 Sonoma County First Five Commission:** 3:30-5:30pm, Volunteer Center, 153 Stony Circle, Santa Rosa. For more information call Cathy Passmore at (707) 565-6680, or visit [www.first5Sonomacounty.org](http://www.first5Sonomacounty.org).
- 27 4Cs Florence Kirby Child Development Center 15th Anniversary & Open House:** 5-7pm, 1931 Biwana Dr, Santa Rosa. Help celebrate 15 years of service!
- 30 Family Child Care Licensing Orientation:** 9am-12pm, 4Cs Main Conference Room, 131-A Stony Circle Suite 300, Santa Rosa. Call Community Care Licensing (707) 588-5026 for reservations and payment instructions.



## AUGUST/AGOSTO

- 1 Kaiser Neighbors in Health:** 8am-3pm. Free back-to-school sports physicals, pediatric exams, childhood immunizations and more for uninsured children and teens who do not have a regular doctor or clinic. 3925 Old Redwood Hwy, Santa Rosa. For information call (707) 566-5396.  
**Un Día Gratis de Asistencia Médica:** 8am á 3pm. Para todos los niños y adolescentes que no tienen seguro medico, ni pediatra ni una clínica donde ir. Todos los servicios proporcionados, serán confidenciales sin importar su estado migratorio. Los intérpretes estarán disponibles. 3925 Old Redwood Hwy, Santa Rosa. Para detalles por favor llame al (707) 566-5396.
- 6 Sonoma County Child Care Planning Council:** 8:45-11am. Call (707) 524-2792 for location and information.
- 10 Center Licensing Orientation:** 9:30am-4pm, Community Care Licensing, 101 Golf Course Dr, Rohnert Park. Call (707) 588-5026 for reservations and payment instructions.
- 18 4Cs Voucher Program Orientation:** 6-8:30pm, 4Cs Main Conference Room, 131-A Stony Circle Suite 300, Santa Rosa. Training presented in English and Spanish for new voucher program providers and open to all license-exempt providers. For reservations contact Conny Vergara at (707) 522-1413 x107 (English). Para español llame a Martha Gomez al (707) 522-1413 x129.
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- 24 4Cs Board of Directors Meeting:** 6-8pm, 4Cs Main Conference Room, 131-A Stony Circle Suite 300, Santa Rosa.
- 27 Family Child Care Licensing Orientation:** 9am-12pm, 4Cs Main Conference Room, 131-A Stony Circle Suite 300, Santa Rosa. Call Community Care Licensing (707) 588-5026 for reservations and payment instructions.

## Thank You to Our Donors!

*We gratefully acknowledge the following supporters who have contributed to 4Cs between February and April 2010. Contributions like these help 4Cs continue the important work we do in the community serving hundreds of children, families and child care providers, helping to lay the foundation for children's school and life success. We couldn't do it without supporters like you! Thank you!*

- North Coast Builders Exchange
- Center for Spiritual Living

**At 4Cs Petaluma Child Development Center:**  
Former Petaluma CDC Co-Site Supervisor, Charlotte Pimentel donated a large collection of her wonderful "teaching toys", such as puzzles, matching games, and dramatic play items. Substitute, Sheryl Nadeau, donated the cost of repairing 2 of our vintage Angeles bikes for the children to continue to use. She went to the extent of taking the bikes herself to several repair shops to have new wheels and welding done. She said the repair people were amazed by the bikes, calling them beautiful antiques and they were happy to help keep them "on the road"!!! We are so pleased to have this type of support from our community! Thank you!

## Keeping School and Preschool Skills Sharp Over the Summer

By Tina Paige, 4Cs Human Resources Director

Parents and teachers know that over summer break children can lose educational skills they've worked hard to learn during the school year. Here are some ideas for keeping those skills sharp so children can start the new school year (in preschool or elementary school) ready to move on to new challenges.

Whether children are readers or pre-readers, there is nothing more important than continuing to reinforce their progress at home or child care during the summer. Read, Read, Read! Whether you are reading to a child or listening to someone who is learning to read, it is a wonderful activity for children and parent or caregiver alike. Reading is also a doorway to imaginative play such as acting out the stories and an opportunity to ask questions about the story to help develop reasoning and thinking skills. "Why did the little bear do that?" can begin a great conversation full of possibilities.

Check with your local library; they may have a summer reading club and other activities for children. Depending on the ages of the children you could pick a long chapter book to read each day over several weeks and talk about the story and the characters.

For little ones who are not yet in school it is still important to let them practice their age appropriate school readiness skills. Let them have a chance to practice with drawing, painting, pasting, cutting—all skills that develop fine motor coordination. Cooking projects are also fun during the summer when so much fresh produce is available.

To practice writing and spelling skills, older children may want to keep a summer journal or have fun writing postcards or letters home from a summer trip or to a relative or friend who lives far away. Younger children can also participate by dictating what they would like to say on a postcard or in a letter.

If you see a movie or watch something together on TV, talk about it with the children—ask questions to help them use their reasoning powers to think about the characters and why they acted as they did. There are opportunities to learn and practice new skills everywhere. For more resources or ideas about activities to do with children, check out the Sonoma County Library at: [www.sonomalibrary.org](http://www.sonomalibrary.org), 4Cs own Toy & Resource Lending Library or the Internet.

## Evening of Honor 2010



*4Cs Staff at the Evening of Honor, April 2010.*