Boost Camp 2014
An intensive, 5-week movement program held
Monday through Friday
June 30 - July 31, 2014
8:30 AM - 2:30 PM

Located at:
Rincon Valley Christian School
4585 Badger Road
Santa Rosa, CA 95409

For more information about registering your child, volunteering at the camp, or donating to support Boost Camp, please contact:

Katie Lightfoot
klightfoot@ucpnb.org
707-569-4412
www.boostcamp.org

Results are as individual as the children participating
Every day we teach children motor skills and train parents and their families to work hands-on with their children. Boost Camp serves 18 participants (ages 2 to 18) in three classrooms. Each room is staffed with one conductor, 6 participants, 6 parents, and 6 volunteers. The results have ranged from taking several steps without a walker to being able to catch a ball for the first time.

Help us achieve our mission:
To make a significant, life-changing impact on the mobility and independence of children with motor disabilities through Conductive Education.

Boost Camp is proud to be a program of United Cerebral Palsy of the North Bay, a 501(c)(3) non-profit organization. Tax ID #94-2284940. All donations are fully tax deductible.

Many thanks to our sponsors:
A typical day at Camp

Boost Camp is an intensive, lively, and motivating new way of life for our students and their families. Our students, with the help of conductors (highly trained teachers) and volunteers, participate in tasks they have never been asked to do before. Returning students continue to develop the skills to become independent. A typical day at Boost Camp includes activities that:

- address gross and fine motor skills
- emphasize self-help
- enhance communication abilities

With physical and verbal guidance, children learn to crawl, sit independently, stand, walk, grasp utensils, eat, dress, and refine their speech.

Our participants

All the children at Boost Camp have motor impairments like cerebral palsy, a neurological disorder that affects movement and coordination. Parents enroll their children in the camp to learn basic motor skills using Conductive Education, a curriculum developed in the 1950’s by Hungarian educator and physical rehabilitative practitioner Andras Peto.

What is Conductive Education?

Andras Peto theorized that through intensive guided instruction and repetitive movement, children experiencing neuromotor disorders could improve their motor skills. Eventually, they could learn to carry out tasks that many thought impossible. The main goal of Conductive Education is to make students more physically and emotionally prepared to enter classrooms where most children do not have motor disorders.

Sam’s Story

“When Sam was in Early Start, it was thought he would always need lots of support to sit. During his first summer at Boost Camp when he was 3 years old, Sam learned to sit on a bench with no support at all. Through the past five years Sam has learned to pull himself up to standing with a ladder frame and hold on with both hands. He now walks independently with a walker.

Sam loves working hard among peers at Boost Camp, where he does not have to feel like the only different kid. He also loves knowing he is physically successful and that everybody expects him to be successful. Boost Camp gives Sam one month out of the year where he knows he can do everything and try everything that is asked of him and he will often end up doing it by himself.

Our family, including Sam's grandparents have raised their expectations of Sam’s capabilities. In turn, we have helped his school challenge Sam to sit up on the floor with other kids, push his own wheelchair, and walk with his walker during the day. Because the changes Sam has made over the years have so impressed them, members of Sam’s school team have made the hour long journey over the summer to see Boost Camp in action.”

Sam’s Mom from Ukiah, California

Wheelchairs are left at the door in the Boost Camp classroom.