

NUTRITION NEWS

OCTOBER/NOVEMBER 2017



This institution is an equal opportunity provider.

Office closure dates:

- November 10th-
Veterans day
observed
- November 23&24-
Thanksgiving
observed

If you are open on any of these dates, please reflect on your paperwork or calendar in KidKare. We do not allow meals to be claimed on Thanksgiving.

We will be giving out new menus and the new meal pattern soon.

AS OF OCTOBER 1, 2017, THE NEW MEAL PATTERN IS IN EFFECT. WITH THE NEW MEAL PATTERN, MINUTE MENU IS NO LONGER AVAILABLE. ALL ONLINE CLAIMS MUST BE DONE THROUGH KIDKARE.COM.

The first year of the new meal pattern will be considered a training period. We will be giving technical assistance for errors we see and will not be disallowing incorrect meals during this time. However, if you are missing a component, that meal will be disallowed. Below are some of the things that have changed. **REFER HANDOUTS FOR ALL THE**



TO YOUR TRAINING DETAILS.

whole-grain enriched food

- **One whole grain or must be served each day.**
- **100% juice can only be served once a day and is no longer allowed for infants. (Children under one year)**
- **Tofu is now allowed as a protein for children over 1 year of age.**
- **You must serve 1 vegetable and one fruit or 2 vegetables for all lunches and dinners. (Children over 1 year)**
- **Cereals containing more than 6 grams of sugar per dry ounce are no longer credible.**



- **Grain based desserts are no longer reimbursable. (Granola & cereal bars, cookies, brownies, etc.)**
- **Yogurt served must have 23 grams of sugar or less per 6 ounce serving.**
- **American cheese is no longer credible.**
- **Protein can be served in place of a grain for breakfast up to 3 times per week.**