

## 4Cs Weekly Activities March 28-April 1

Monday 28	Tuesday 29	Wednesday 30	Thursday 31	Friday 1
<p><b>You Can Read</b></p> <p>Listen to the story, <a href="#">"You Can Read"</a> by Helaine Becker and Mark Hoffmann.</p> <p>This story is silly and talks about all the different places you can read. Have the children sit and read in the place of their choosing.</p> <p>Open ended questions: "What's the best environment for reading?"            "Where should we go to read that book?"            "What kinds of books are your favorite?"            "How many books should we read on the couch/chair/pillow?"</p>	<p><b>Intersectionality</b></p> <p>Materials Needed: several different colors of construction paper some with pre-drawn lines (for cutting) or some without pre-drawn lines if your child doesn't need it, scissors; glue or tape (I have found that tape works better unless you use tacky glue).</p> <p><b>Intro to Intersectionality:</b>            Intersectionality is a word that explains how all of the different parts of a person combine to affect their life experiences and personal identity. Age, ability, skin color, religion, citizenship, body size, and culture all make up our personal identity and influence who we are and how we live. Tell the kids to think about their own experiences and identity. Make a list of some of the things that make them, them.</p> <p>Have the kids cut out strips. On each strip, write a word from their list. Show them how to link the chains together. When complete, hang in your house as a decoration to remind yourself of what makes you, YOU ☺</p>	<p><b>Salsa Recipe</b></p> <p>Follow this easy salsa recipe to make some salsa with your friends.</p> <p><b>YOU WILL NEED</b>            1 1/2 pounds tomatoes, chopped            1 medium onion, chopped (about 2/3 cup)            1 to 2 jalapeño or serrano peppers, finely diced (seeds and membranes removed for a milder salsa)            1/2 cup finely chopped fresh cilantro leaves            Juice of 1 lime            Salt to taste</p> <p>Add the tomatoes, onion, cilantro, diced peppers and lime juice to a bowl. Generously season with salt — start with 1/2 teaspoon and go from there. Set the salsa aside for 15 to 20 minutes.</p> <p>After this time, stir the salsa — making sure to distribute the juices left at the bottom of the bowl. Taste and adjust with more salt. Store up to 3 days in an airtight container in the refrigerator.</p> <p>What does it taste like? Smell like? Look like?</p>	<p><b>With Your Own Hands</b></p> <p>Fold a piece of construction paper in half. Have the children trace his/her hand and then help them cut out their hand (do not cut the folded side). When done, the hand print should open like a book.</p> <p>Let the children write their own name on the front and decorate the front.</p> <p>On the inside, write the date, the child's name, their height and weight (optional) as well as their birth date!</p> <p>Talk to your child about how they created this with their own hands!</p>	<p><b>Intro to Spring</b></p> <p>We are entering a new theme for the month of April. The theme is SPRING.</p> <p>Tell your child that a lot of flowers bloom in the spring and that it is a good time to start a garden!</p> <p>Continue to talk about what KIDS need to grow healthy and strong. Make a venn diagram on a piece of paper. On one side, write PLANTS on the other side, write KIDS. The overlapping section will be what kids and plants BOTH need to grow big and healthy. (ex: both need to drink water)</p>

