

# 4Cs Weekly Activities

## 4Cs Weekly Activities August 15<sup>th</sup> – August 19<sup>th</sup> - Theme: Welcome to School (All about me)

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Literacy Activity</b></p> <p>Let's celebrate our similarities and our differences, and get to know each other!</p> <p><b>We Are All Alike – We Are All Different</b></p> <p>By the Cheltenham Elementary School Kindergarteners  <a href="https://youtu.be/7h2sVeuDCil">https://youtu.be/7h2sVeuDCil</a></p> <p><b>All about us class book</b></p> <p>Send home the All About Me project with a note to all families on the first few days of school asking them to help their children create all about me page. Teachers can ask each child what their favorite color is and attach their favorite color card stock to the instructions page.</p> <p>As each child brings it back, have them share it during class meeting. Make a class book for your classroom library by laminating and binding children's All about Me Pages.</p> <p>Note: I have attached the note/instructions page you can use if you would like to or make your own version</p>	<p><b>Art Activity</b></p> <p><b>All About Me Collage</b></p> <p>Copy the body cut out (attached) on card stock. Card stock is heavier and will hold up better. Cut out the bodies or students can cut them. It is also fun to not cut them out and write the student's name on the side.</p> <p>Find collage materials to use, Like feathers, cotton balls, pom poms, sequins, paper strips, tissue paper dot markers, stickers, ribbons, yarn, or any materials you have on hand.</p> <p>You can break the activity up into two parts. One day, students can color the bodies and another day they add the collage materials.</p> <p>This is a great time to sit with the students and ask questions about their differences and similarities, highlighting what makes them special and unique.</p> 	<p><b>Math Activity</b></p> <p>Introduce term attributes. Practice using attributes to describe classmate</p> <p><b>How long is my shoe?</b></p> <p>Comparing shoe and feet size is another fun way for student to learn about each other and their differences. Using unifix cubes, blocks or counting bears measure how long each child's shoe is. Record the results on a graph. Notice and talk about what shoe is the tallest, shortest, and the same size. You can also trace the children shoes on white paper and encourage children to measure the shoe print then hang them up around the classroom.</p> 	<p><b>Science Activity</b></p> <p>Practice good habits of personal health and hygiene. Learn how to wash hands. Discuss Germs and conduct experiment to see how germs travel.</p> <p>Tell children that they are going to learn how to wash their hands and how to be responsible in the bathroom. Introduce the hand washing routine/system to children. Practice washing hands. Display the rubric poster you have. Discuss and demonstrate the steps.</p> <p>Briefly discuss germs. Germs make people sick. They are so small and can't be seen. One of their hiding places is on our hands. Washing hands is a responsibility. Washing hands helps protect everyone from germs.</p> <p><b>Glitter Germ Experiment</b></p> <p>This experiment helps children to actually be able to see the "germs" and give them a more concrete understanding of how handwashing and germ prevention work.</p> <p><b>Materials Needed</b></p> <ul style="list-style-type: none"> <li>• Hand soap or lotion</li> <li>• Glitter</li> <li>• Plastic or rubber toys</li> <li>• Clean hands</li> </ul> <p>Squirt some soap or lotion into the child's hand. Add some glitter on top of the lotion or soap and have children rub their hands together. This will spread the glitter all over their hands.</p> <p>Now, have them shake hands with another child, or touch a table. Encourage them to play with the plastic toys. The glitter will transfer to the new surface and they will get to see how it moves from one person to another.</p> <p><b>Extension/Variation</b></p> <p>Sprinkle glitter on the surface of a shallow dish of water to represent germs. Drip a few drops of dish soap on the surface, and watch as the glitter germs move away and spread to the side. Explain that the soap breaks up the surface tension holding the glitter in place, and that's one reason it helps clean your hands too.</p>	<p><b>Social Emotional/ Movement Activity</b></p> <p><b>The Kissing hand By Audrey Penn</b></p> <p>Chester Raccoon is nervous about going to school for the first time, he would rather stay home where things are familiar. But his mother has a secret to share that will help him overcome his fears. What do you think it could be? Listen to the story and find out!</p> <p><a href="https://youtu.be/2TVKFpT1K5I">https://youtu.be/2TVKFpT1K5I</a></p> <p>Use the kiss cup idea from the following Video, to help children transition from home to school feeling connected to their family.</p> <p><a href="https://youtu.be/eZY18GZkTGw">https://youtu.be/eZY18GZkTGw</a></p> <p><b>Decorate your own kiss cup project</b></p> <p>Provide cups, plastic jars or boxes, stickers and other craft materials for kids to use to decorate their kiss cup.</p> <p>Ask the students how they might use their kiss cup at school?</p>

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