

4Cs Weekly Activities

Date: July 11-15 2022 Theme: Bodies of Water

Monday	Tuesday	Wednesday	Thursday	Friday
<p style="text-align: center;">Literacy Activity</p> <p>This week we will be looking at the different types of bodies of water.</p> <p>Give an intro to the children with these new terms and visuals.</p> <p>They can match the words with pictures or</p> <p>Make their own book by drawing each body of water as they learn about it.</p>  <p>Question: Do you know what these terms mean: body of water, steep, natural/artificial, watercourse, saltwater?</p> <p>This is a great week to show children why water is so important to our world and to our body.</p>	<p style="text-align: center;">Math Activity</p> <p>Today we will look into the pond. A pond is an area filled with water, either natural or artificial. It is smaller than a lake.</p> <p>Some pond animals are: turtles, frogs, ducks, dragonflies and snakes.</p> <p>Activity: Counting Lily Pads</p> <p>Materials: foam sheets or paper, sharpie.</p> <p>Cut the foam or paper into a lily pad. Write numbers 1-10 on them. The children can jump on them as they say the number, if they're made of foam they can use them in water and place animals or pebbles on them.</p> <p>Try placing the lily pads further apart from each other, children can try jumping further each time.</p> <p>Song: Five Little Speckled Frogs is always a great addition to any activity.</p> <p style="text-align: center;"><u>5 Little Speckled Frogs Song</u></p>  <p>Question: Why do frogs like to spend time in a pond?</p>	<p style="text-align: center;">Science Activity</p>  <p>A river is a natural flowing watercourse. Flowing towards an ocean, sea, lake or another river.</p> <p>Materials: Foil, water, natural materials like: bugs/animals, sticks, leaves, rocks.</p> <p>Have the children carve the area where the water will flow. Add a piece of foil, so the sand won't soak the water up. Lastly, add water to your river!</p> <p>Questions: Why does the foil help keep the water in? What would happen if we didn't have it?</p>	<p style="text-align: center;">Art Activity</p> <p>A waterfall is a river or other body of water falling over a ledge into a pool below.</p>  <p>Materials: Paper, paint, pipettes/eye droppers.</p> <p>Prepare the paint by adding a bit of water for better suction. Set the paper on a stand, easel or hung on a string. Use the pipette to suction the paint and squirting it on the top of the paper. Children can see how the paint drips down to the bottom into a pool.</p> <p>Tips: Use newspaper, trays, or do it outdoors for easier clean up. Squirt bottles is an easier way for younger children to enjoy the activity too.</p> <p>Question: Why does the paper need to be upright? What would it look like if it was laying down? What direction would the paint go?</p>	<p style="text-align: center;">Social Emotional/Movement Activity</p> <p>The ocean is a huge body of water saltwater that covers about 71% of the earth's surface.</p> <p>Activity: Ocean Pollution</p> <p>Materials: Water, a tub, sea animals, a dark liquid color, plastic garbage bags, pipe cleaners.</p> <p>Adult supervision required for this activity.</p> <p>Fill a tub with water and sea animals. After a few minutes of children playing add the dark liquid color. Explaining how the water isn't clean and clear anymore, that's what happens with oil spills. Cut a plastic bag and add it into the water with some pipe cleaners, explaining how those things can get stuck around the animal's bodies.</p> <p>Addition: Talk about what is a drought. How our land doesn't have enough water.</p> <p>Ways to conserve water: Turn the faucet off when brushing teeth, washing hands, washing dishes. Take shorter showers</p> <p>Water plants early in the morning or later in the day, water evaporates more during those in between times.</p>