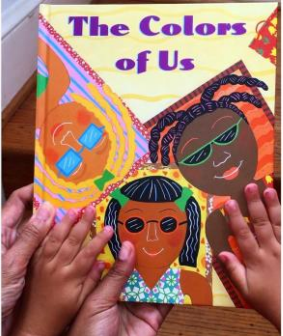
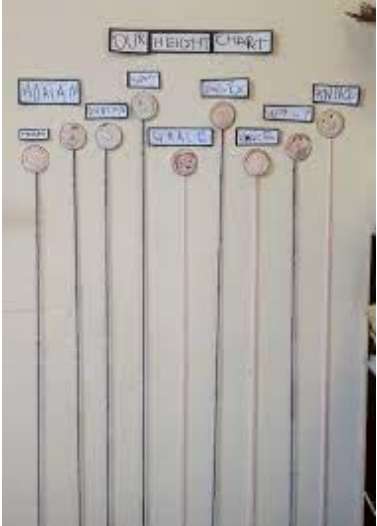

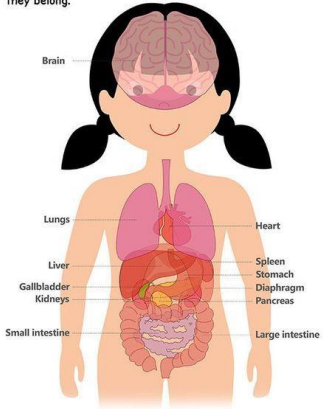
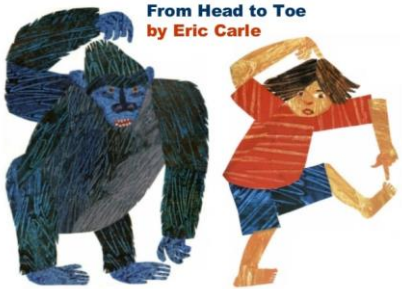


4Cs Weekly Activities

September 19-23 2022 Theme: The Body (Similarities/Differences)

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Literacy Activity:</p> <p>Our bodies are all different yet similar. This week we will learn about those similarities and differences.</p> <p><u>The Color of Us</u></p>  <p>Open the conversations with children about how we are all different shades of tan, brown and black.</p> <p>Materials: Mirror, paper.</p> <p>Make a chart of the different tones of colors that are described in the book. Have children look at themselves and decide which shade matches them best. Write their down on the chart.</p> <p>Extension: bring in some examples to show to the children: Cinnamon, peanut butter (or a alternative), honey, leaf, cocoa, ginger, chili powder.</p>	<p>Math Activity</p> <p>Measuring Height</p> <p>Today we will measure how tall everyone is. Children can see the height difference or similarities between each other.</p>  <p>Materials: Measuring tape, string.</p> <p>Use string to measure the height of the child, tape string to a wall with their name at the top. The child can use measuring tape to see how tall they are.</p> <p>How tall are they in inches? How many feet tall are they?</p>	<p>Science Activity</p> <p>Play dough Face</p> <p>Children can create their own face with play dough.</p> <p>Materials: play dough (either one color or various colors), pipe cleaners/yarn, beads, googly eyes, popsicle sticks.</p> <p>Book: "Shades of People."</p>  <p>Per 1/4 taste-safe playdough recipe</p> <p>Providing all the materials for them to express themselves while discussing the shapes and colors on our faces and bodies.</p> <p>Some may have a round face or oval, some may have a triangle nose or others a circle.</p> <p>Let the dough dry and children can show and tell about their creations.</p>	<p>Art Activity</p> <p>Tracing the Body</p> <p>Materials: Large paper, crayons, markers or paint.</p> <p>Have the child lay on top of the large piece of paper, adult/teacher can trace the child's body. They can then add details to their body.</p> <p>Book: <u>Two Eyes Nose and a Mouth</u></p> <p>Human Body Learn about the organs and where they belong. 123kidsfun.com</p>  <p>Extension: Children can learn about what's inside of their bodies. And the functions of those important organs.</p>	<p>Movement Activity</p> <p>Song: "head, shoulders, knees and toes."</p> <p>Try this version of it speeding up.</p> <p><u>Head Shoulders Knees and Mouth</u></p> <p>"Simon Says Game"</p> <p>Simon says:</p> <p>Touch your head, touch your nose, touch your elbow.</p> <p>Try different body parts and see if children know where those are located.</p>  <p>Try these poses and stretches from this book called "From Head to Toe."</p>